

# Finlandq Newsletter



FINLANDQ

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**Details of Nursing in Finland:  
What is Nursing Like in Finland?**



# Finland Highlights

## Finland has initiated the world's first experimental

Finland is currently testing digital passports on Finnair flights between Helsinki and three cities in the UK. The Digital Travel Credentials (DTC) system is designed to expedite and simplify the border control process. The police have explained that Finnish travelers holding electronic documents for Finnair flights between London, Manchester, and Edinburgh can pass through Finnish border control without queuing. It's worth noting that travelers entering the UK still need to carry their physical passports alongside digital documents.

This is because DTC is only available at Helsinki Airport, and the UK conducts its checks based on physical passports. The police have invited Finnish citizens to participate in a pilot project, which will run until the end of February 2024.



The amount of paper used for them could keep a small paper mill busy." The head of emergency services in the Kainuu region stated that the first step in addressing this shortage would be increasing the number of students at the Academy of Emergency Services. Approximately 500 new students were admitted to the academy last year.





# Finland Faces a Severe Shortage of Emergency

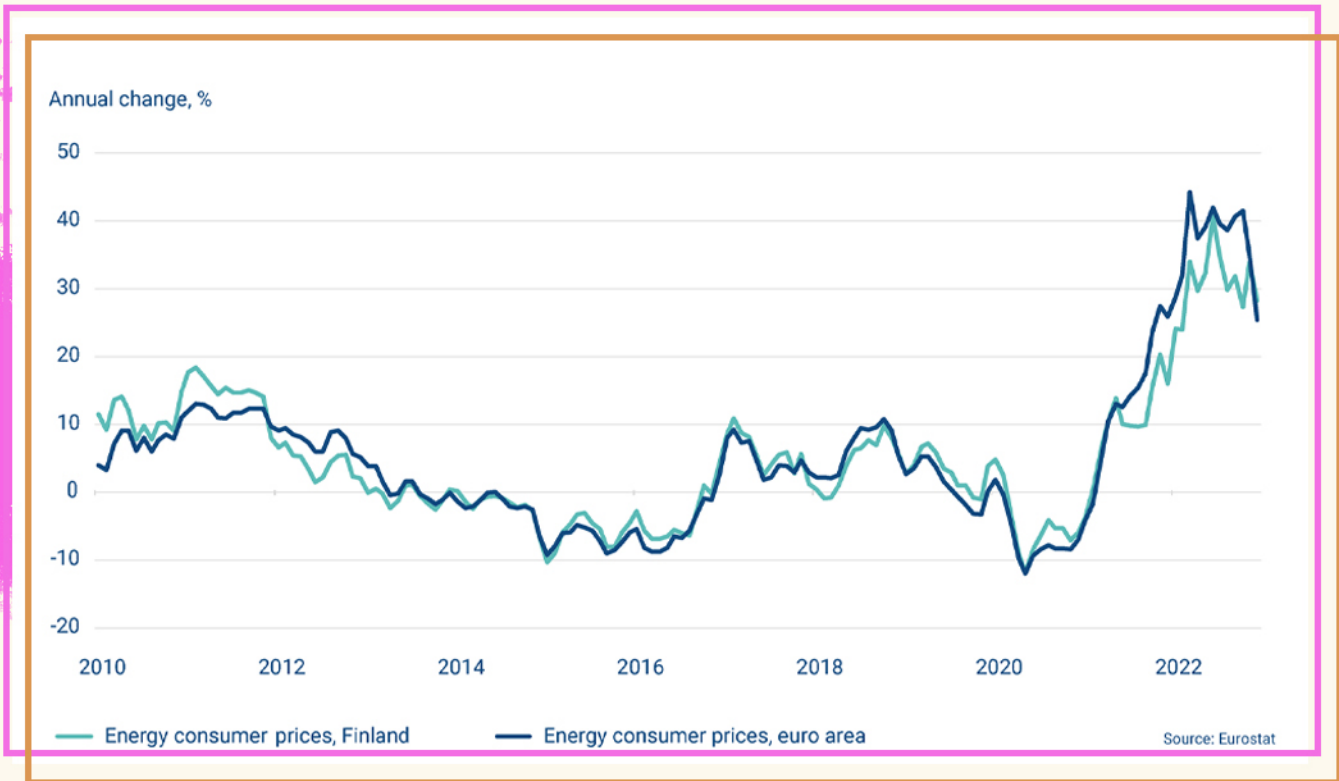
The director of the Academy of Emergency Services in Finland says that the sector has been warning policymakers about increasing issues for a long time, but no action has been taken so far. Mervi Parviainen, the director of the Academy of Emergency Services, told Yle that the shortage of emergency services personnel was previously noticeable in rural areas but is now becoming evident in cities as well. She urged the government to provide a solution to address this problem as soon as possible. "The problem of a shortage of emergency services personnel can be solved with money.

We can double the number of students, but for that to happen, we need more than four million euros next year and over six million euros annually in the following years. Various reports and studies have been presented to decision-makers over the past decade.





# Amid Mild Weather in Finland, Electricity Prices Go Negative



<https://www.treasuryfinland.fi/annualreview2022/energy-prices-to-level-off-in-2023/>

The average electricity price in Finland over the past week has gone negative five times mainly due to the presence of wind and mild weather. Early on Monday, the average electricity price fell back into the negative range after significant fluctuations in recent weeks. The cost of electricity was less than zero between midnight and 8 a.m., meaning Finland produced significantly more electricity than it could use. On Monday afternoon, Finland exported over 1.1 gigawatts of electricity to Sweden and Estonia, while the country's own electricity consumption was 7.5 gigawatts. The low electricity price continued on Sunday, but it increased slightly on Saturday. The price of electricity briefly rose to 28 cents per kilowatt-hour on Friday, mainly due to reduced wind and solar energy. In the days that followed, the price once again went negative.



# ***Finnish Nuggets!***

## **A Country Abundant in Nature and Forests**

Did you know that over 70% of Finland's land area is covered by nature and forests? If you're not aware that in Finland, camping in the woods or, for instance, knowing how to make a fire naturally without tools, can be considered a significant skill gap!



Finland is one of the few European countries that have more than 40 national parks.



# Equal Population with Deers

Did you know that in Finland, the population of people is almost equal to that of deer? To protect this population and national wealth, the Finnish government installs warning signs and paints the antlers of deer with reflective paint to prevent them from being accidentally harmed.





# Details of Nursing in Finland: What is Nursing Like in Finland?

Finland is an attractive migration destination for various individuals who can migrate there for further education or work. Finland has been facing an aging population and will require more nurses in the future. The government has considered various job opportunities in nursing in Finland and needs this workforce in various medical and care institutions. If you are active in this field, join us in this article to examine nursing in Finland.



Finding a job as a nurse in Finland is not a difficult task. Various job opportunities exist in elderly care centers, hospitals, clinics, and more, and you can apply for any of them. However, it should be noted that successful employment usually requires having language skills, relevant experience, and sufficient expertise.



The salary for nursing in Finland will vary depending on each person's qualifications and the working environment. For example, a nurse with a minimum of 5 years of work experience and relevant qualifications can earn around 4,000 to 5,000 euros per month. In governmental institutions, the salary is lower than in private institutions.



Nurses in Finland receive education at universities and complete specific courses; a Finnish nurse can have the necessary knowledge for each of the following fields and work in this area:

- General nurse
  - Nurse in a clinic or school
  - Midwife
  - Emergency nurse (in an ambulance, emergency department, or intensive care unit)
- A positive point about nursing in Finland is that job opportunities are available in both small and large cities, and depending on your preferences, you can choose a suitable destination.



As a nurse, various responsibilities will be assigned, including:

- Filling out patient information
- Fluency in English and Finnish (Swedish can also be useful)
- Maintaining professional ethics when dealing with patients
- Respecting patient rights
- Recording reports related to birth or death
- Preparing patient insurance





## Details of Nursing in Finland: What is Nursing Like in Finland?

As mentioned, nursing salaries in Finland vary based on experience and expertise, but generally, they are lower compared to some other advanced countries. For example, the average salary for nurses in France is 4,150 euros, whereas it decreases to 3,613 euros in Finland. Nursing salaries in Finland are calculated based on the level of experience as follows:

- Nurses with less than two years of experience can expect to earn around 25,720 euros annually.
- With two to five years of experience, the average salary for a nurse increases to 35,500 euros.
- Nurses with five to ten years of experience can earn an average of 45,580 euros.
- If you have more than ten years of experience as a nurse, the expected average salary is 50,180 euros.
- A nurse with 15 to 20 years of experience can earn an average of 57,800 euros.
- For a nurse with over 20 years of experience, the expected average salary increases to 60,920 euros.



Nursing Working Hours in Finland Since Finland is part of the European Union, working hours are determined based on EU regulations. In EU member states, working hours should not exceed 48 hours. Given the need for nurses in morning and night shifts, there may be variations in shifts. Nurses in Finland typically work in rotating shifts that include morning, evening, and night shifts, but the total hours are predefined.



The primary nursing shifts in Finland are as follows:

- **Day Shift:** The day shift for nurses in Finland starts at 6 AM and ends before 9 PM.
- **Evening Shift:** If you are on an evening shift, your working hours will typically be from 2 PM to 10 PM.
- **Night Shift:** Night shifts usually begin at 11 PM.

It's worth noting that morning shifts may also be arranged, starting at 3 AM and lasting for up to 9 hours. Some shifts during the year may be very long, exceeding 12 hours.

*For more information on nursing and starting a nursing career in Finland, you can reach out to our team. You can also read more about this profession in Finland on our website*



Finally and as always, we conclude this Finlandq newsletter with a Finnish proverb:

**"What comes singing, leaves whistling." In Finnish: "Mikä laulaen tulee, se viheltäen menee."**

**This proverb is equivalent to the English saying "Easy come, easy go."**